

GRAB BAG CHECKLIST

Remember: Don't include so many items that your bag becomes too heavy to carry!

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|---|---|
| <input type="checkbox"/> Comfortable backpack | <input type="checkbox"/> Medication & prescriptions you rely on |
| <input type="checkbox"/> Water | <input type="checkbox"/> Emergency blanket |
| <input type="checkbox"/> Snacks | <input type="checkbox"/> Toiletries |
| <input type="checkbox"/> Walking shoes | <input type="checkbox"/> Baby supplies |
| <input type="checkbox"/> First aid kit | <input type="checkbox"/> Pet supplies |
| <input type="checkbox"/> Torch | <input type="checkbox"/> Notebook & pen |
| <input type="checkbox"/> Radio (battery or wind up) | <input type="checkbox"/> Photocopy of ID |
| <input type="checkbox"/> Face covering/mask | <input type="checkbox"/> Extra batteries (if needed) |
| <input type="checkbox"/> Water purification tablets | <input type="checkbox"/> Hand sanitiser |
| <input type="checkbox"/> Rain jacket or poncho | <input type="checkbox"/> Hat/sun protection |
| <input type="checkbox"/> Cash | <input type="checkbox"/> Other items you rely on day-to-day |



WELLINGTON REGION
EMERGENCY MANAGEMENT

OFFICE