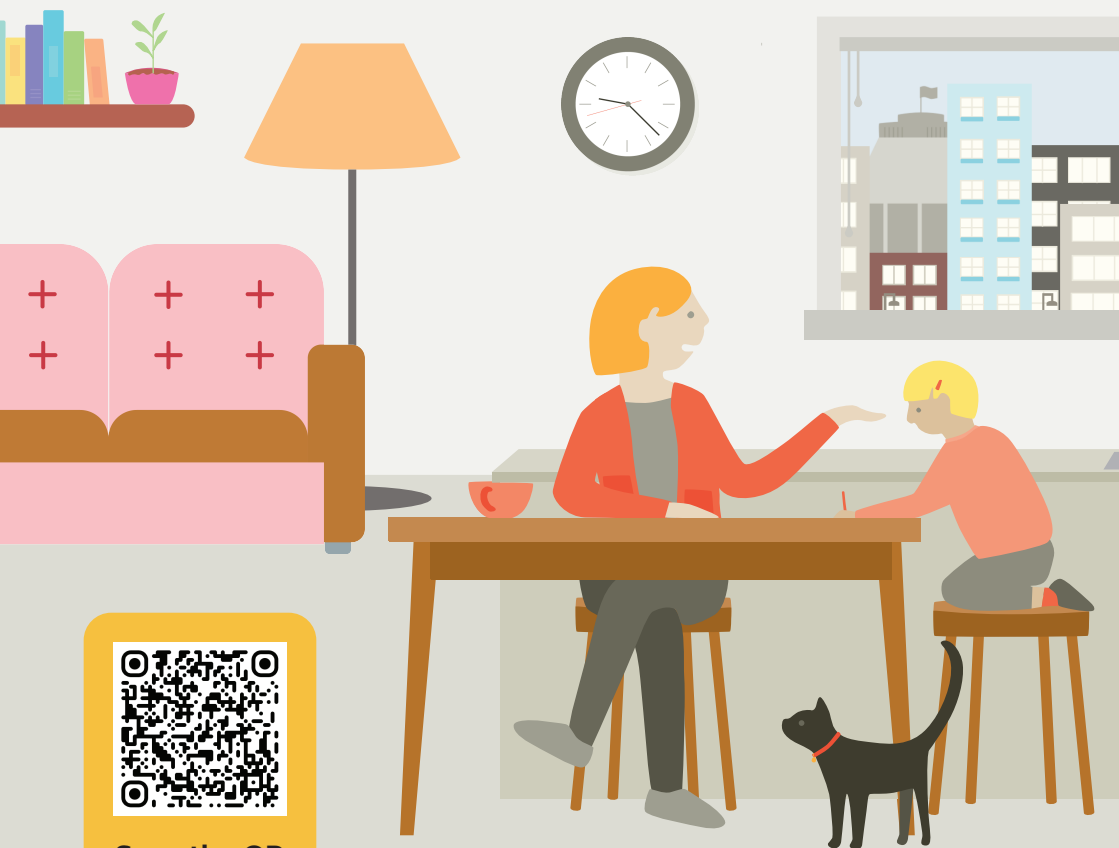


# Earthquake Planning for Apartments and High-Rises



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For more tips, go to [wremo.nz/highrise](https://wremo.nz/highrise)





## Know your risk

Find out the earthquake rating of your building.  
Visit [WREMO.nz](http://WREMO.nz) to find out if you live or work in a tsunami zone.



## Have a plan and supplies

Have a plan in case you need to leave your building after an earthquake. Practise your plan regularly.  
Aim to have enough emergency food and water to last 7 days. Low storage space in apartments can make this a challenge so any amount you can store will help.



## After an earthquake

In the days and weeks after an earthquake, uncertainty can be overwhelming. Find out who will inspect your building structure and who will authorise re-entry. Knowing these details can help ease stress, providing a clearer path to recovery.



## If you are in a tsunami zone

**If you feel a Long OR Strong earthquake, evacuate to higher ground or as far inland as possible once the shaking stops.**

Our primary advice is to get out of the tsunami zones. However, in some cases vertical evacuation may be a better option.

You should **ONLY** stay in your building if you think it is more dangerous to leave. New Zealand does not have building standards for vertical evacuation so there is no guarantee your building will be safe in a tsunami.

If you choose to evacuate vertically, you should go to the 5th floor or higher and be prepared to stay there for up to 7 days.

If your building does not have a 5th floor, vertical evacuation is not a good option.



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