If you feel an earthquake that is either longer than a minute OR strong enough that it's hard to stand up THEN get to high ground, out of all zones, as soon as shaking stops!

Tsunami Evacuation Zones 069 - Wainuiomata Coast

If you feel either a long OR strong earthquake get out of all zones. Otherwise, evacuate only the zones you are officially told to.

For maps of the Wellington Region and detailed zone descriptions: www.getprepared.nz/tz